

## MEET YOUR INSTRUCTOR

FX Gagnon has been an international adventure guide since 1999. Trips and courses in backcountry skiing, hiking, kayaking, mountain biking and canyoning. His love for sharing the outdoors with others moved him to North Vancouver to the North Shore Mountains where he started West Coast Educational Adventures & Canyoning Adventures Ltd.

## YOUR LOCAL CANYONING SPECIALIST

West Coast Canyoning is the first commercial guide service to offer canyoning specific courses and guided experiences in British Columbia. Our professional canyon guides have undergone rigorous training and examination, meeting demanding international standards for guides established by Canyon Guides International.



WEST COAST CANYONING  
ADVENTURES

778-246-2582

[fxtheguide@wccanyoning.com](mailto:fxtheguide@wccanyoning.com)

[www.wccanyoning.com](http://www.wccanyoning.com)

# INTRO TO CANYONING

Be prepared for an exciting  
adventure!





## WHAT IS CANYONING?

Canyoning emphasizes aesthetics and fun rather than pure difficulty. Canyoning or Canyoneering (in the US) is travelling in canyons using a variety of techniques that may include other outdoor activities such as walking, scrambling, climbing, jumping, rappelling (abseiling) and swimming.

## REQUIREMENTS

- No particular experience is required by the participants!
- Good, general level of physical fitness.
- Comfortable in water and be able to swim.
- Weigh more than 40 kg (90lbs)

## NEW EXCITING LOCAL ACTIVITY FOR FAMILY, FRIENDS OR TEAMMATES!

Rain, fog, or shine, Canyoning is a perfect Adventure for any day! Treat yourself to beautiful views, exhilarating rappels and memorable moments while staying in your local community.

## \$275 PP INCLUDES:

- Full Day trip 7-8 hrs provided by a professional certified guide. Including an dry instructional session (2hrs).
- Small guide to participants ratio.
- Group gear and emergency/rescue equipment.
- All safety personal equipment supplied:
  - harness
  - helmet
  - carabiners & descenders
  - canyoning shoes
  - wet suits and gloves to keep you warm!
- Hot drinks and light snacks.

Before starting the activity, the guide will cover:

- a safety briefing
- canyoning itinerary for the day
- instructions related to the equipment supplied
- address Covid19 risk mitigation

Contact us for group pricing

Contact us at [fxtheguide@wccanyoning.com](mailto:fxtheguide@wccanyoning.com) / [www.wccanyoning.com/](http://www.wccanyoning.com/) 778-246-2582